

Swimmer Profile

Name: Ewan Jackson

Age: 22

Club: Howick Pakuranga

Coach: Clive Power

About

Greatest achievement in swimming:

Representing NZ at the 2014 Commonwealth Games

Major goals for the next 2 years:

Make the 2016 Rio Olympics, continue to get stronger

What is your pre-race ritual?

Some good stretching, go through my pre-race warm up and have a laugh with friends.

If you could only eat one thing for the rest of your life what would it be?

Mac and cheese

Who or what inspires you and why?

Family and improvement.